

Newsletter - July 2010 - Issue 21

Welcome to Disability Backup's Newsletter

Next Forum Meeting:

When? Thursday 22nd July 11-2pm (lunch included)

Where? City Edge, 125 Mare Street, E5 3RH

What? Adult Social Care is changing, come and find out what the changes are and how it might affect you.

Come and find out what the jargon means!

This event is aimed at disabled people, carers and older people

For more information or to book a place, call Catherine 0207 275 0088 ext 204

2. Hackney Museum

We have arranged a trip to the BODY TALK exhibit that Disability Backup have been involved in designing.

When? Thursday 5th August 11am

Where? Hackney Museum, 1 Reading Lane (next to Hackney Town Hall)

All welcome!

3. Brighton Trip

Visit to the Federation of Disabled People in Brighton

Disability Backup is arranging a one off visit to Brighton to meet with a similar project, 'Get Involved Group'.

We have 24 places available; cost to Disability Backup Members will be Â£5 (to cover lunch and transport).

When? Tuesday 17th August 11pm-6pm (approx)

Trip includes:

Minibus drive to Brighton

Lunch in Brighton

Meeting with 'Get Involved Group'

Drive back to Hackney

Places on a first come first serve basis.

To book call Catherine 020 7275 0088 ext 204

4. Site visit to the Olympic Park

As requested at the last Forum Meeting, We have been invited on a tour of the Olympic Park.

There are 25 spaces and 2 wheelchair spaces available

When? Friday 20th August 2-4pm

Where? Outside Stratford Station.

Members must be able to make their own way to Stratford Station, we recommend taking the over ground from Dalston.

Places on a first come- first served basis

To book call Catherine 020 7275 0088 ext 204

5. Hackney LINK

Adult Social Care anonymous phonenumber 0800 977 4426

Let us know what you think about your Home Care Service

Leave an anonymous message on our phonenumber answer phone stating the name of the agency and what you think of them.

Get it off your chest!

All messages are confidential and your name/details will not be passed on.

All our findings will go towards our report on Home Care in Hackney

Call now! 0800 977 4426

6. Leisure Report

Please see Disability Backup's report on swimming pools in Hackney. We have presented this report to Hackney Council and GLL and have made 14 recommendations. Thank you to all who have been involved in the making of this report.

7. Choice in Hackney Gardening Service

Choice in Hackney Volunteer Project has two keen gardeners offering free service to disabled people living in Hackney.

If you need help with maintaining your garden and you have basic gardening tools the volunteers can make your garden beautiful in no time. It can be either one-off or regular maintenance.

Get in touch now, we will accept clients on a first come first served basis.

Call: 020 7613 3206 Mon-Fri or leave a message

Email: volunteering@choiceinhackney.org

8. Parking update

Did you know Parking Services also provide a rapid response enforcement unit for cases where urgent enforcement is required.

This can be requested via the Hackney Service Centre on 020 8356 8877 between 8:00 and 20:00 hours Monday-Friday and between 09:00 and 13:00 hours on Saturdays. for all council enquiries and payments.

Outside these hours, please contact the Car Pound on 020 8356 7555. Hackney say they will do our best to meet as many requests as possible but regret that, as a result of the constraints under which we operate we are unable to guarantee that every single request will be met at all times.

Be aware that the Payment centre in Hillman Street is not open on a Saturday. For anyone wanting to travel to the renew their Companion badge, pay a parking fine or any other payments the days of opening are Monday - Friday 8.00 AM - 5.00 PM only.

Options available are do it on line at www.hackney.gov.uk to Renew your Parking Permit and to make payments online or apply for a resident parking permit and telephone the Hackney Service Centre on Saturday from 9.00 am - 1.00pm

9. Deaf Plus Event

What is Tinnitus?

We have a deaf speaker, Andrew Goodwin and Sanjeev Thiara who will come to talk about tinnitus. They will explain what tinnitus is and will answer your questions. Tea and biscuits will be provided.

When? - Tuesday 10th / August 2010

Time? - 10am to 12pm

Where? - Mare Street Hostel, 146 Mare Street, Hackney, London, E8 3SG

The project is next door to ICELAND store

Contact Leo Mansell to book your place now!

0780 572 3310 (SMS only) leo.mansell@deafplus.org

10. The Big Lunch

Come and share lunch with other local people!

When? Sunday 18th July 2-4pm

Where? The Old Fire Station, Brooke Road (on the corner of Brooke road and Stoke Newington High Street)

What? Bring your own lunch and meet new people in your community

11. Changes to office staff

Catherine will be taking Maternity Leave from the 20th August. Her role will be covered by existing staff in the organisation who have previously been involved in Disability Backup's work.

More information to follow in August.

Contact us

Disability Backup
Hackney Family Backup
The Print House
18 Ashwin Street
London
E8 3DL

Phone: 020 7275 0088

Fax: 020 7241 0088

Text: 07593 508 288

Text Phone: 18001 020 7275 0088

Email: catherine@hfbu.org.uk