

Newsletter - June 2010 - Issue 20

Welcome to Disability Backup's Newsletter

Forum News

Our next Forum Meeting is on:
Friday 18th June 11-1pm

Where?
City Edge, 125 Mare Street, Hackney, E5 3RH

What?
The Olympics-
Samantha Sifah- Community Engagement
Hackney Museum- Mapping the change, collecting creative memories of the Olympics

For more information or to arrange transport please contact Catherine on: 020 7275 0088 ext 209

Feedback

Forum Meeting

We had a meeting about Housing, with 25 people attending. Unfortunately, John Isted was off sick and unable to attend. Brenda Anderson gave a very interesting presentation about medical needs assessments. See the minutes of May's meeting for more information.

Hackney Museum

Hackney Museum is opening their 'Body Talk' Exhibition.

The exhibit has a strong sensory theme and has taken many ideas from Disability Backup Members.

Hackney Museum formally invites members of Disability Backup to a pre visit of the Body Talk exhibition on Tuesday 1st June 2010, 11am at Hackney Museum, 1 Reading Lane.

Come and see the exhibit that Disability Backup has helped develop.

To book, call Cheryl on 0208 356 2545

Hackney LINK

Hackney LINK steering group members are due to stand for re election.

If you are a member of Hackney LINK you can decide to stand for election onto the

steering group. Papers are being sent automatically to all LINK members.

Due to the time commitments involved in being a steering group member, Catherine will be stepping down from the steering group.

Disability Backup will continue to work closely with Hackney LINK, and Catherine will remain the chair on the Adult Social Care Working group until further notice.

Local Events

Deaf Plus invites anyone who is Deaf or Hard of Hearing to come to an awareness session about Diabetes.

We have a deaf speaker, Alison Veal who will come to talk about diabetes. She will explain what diabetes is and will answer your questions.

Tea and biscuits will be provided.

When? - Thursday June 3rd

Time? -10am to 12pm

Where? –

Mare Street Hostel

146 Mare Street

Hackney

London

E8 3SG

The project is next door to ICELAND store

Contact Leo Mansell to book your place now!

0780 572 3310 (SMS only) leo.mansell@deafplus.org

Hackney Carers Conference

Hackney will be holding its annual Carers Conference during National Carers week on 15th June 2010. The theme this year is 'A Life of My Own'. Carers are being invited to attend a free event at Hackney Town Hall.

The annual Carers' Conference offers the opportunity for Hackney carers to have their say about services and support available from the Council and partners, meet other carers, find out about free training courses, employment support, Telecare, and how adult social care is changing, have their blood pressure checked, relax, and have lunch.

Those attending can also apply for a free Carers Card, which offers concessionary rates of up to 50 per cent at Council leisure centres, and discounts at local shops.

Carers are unpaid and look after family, a partner or friend in need of help because they are ill, frail or have a disability.

To book Call: Claire McEwen 020 8356 2721

Community Health Festival

Fun day out for the whole family!

Come and check out the NHS Health Zone with free NHS health checks, free NHS dental checks, live performances, health and wellbeing support and advice.

When? Saturday, 19 June 2010 11.00am - 4.00pm

Where? St John-at-Hackney Church Lower Clapton Road E5 0PD London

No need to book, Disability Backup will be having a stall!

Local Support Services Shelter

Renting privately and having problems where you live?

If you live in private rented accommodation in Newham, Hackney or Tower Hamlets, Shelter can give you FREE advice and support with any housing difficulty you have.

We can give you advice on issues such as:

- Rent arrears
- Disrepair
- Housing benefit
- Possession action
- Illegal eviction
- Harassment

To book an appointment call Catherine at Disability Backup on 020 7275 0088 ext 209 who will refer you.

Community Advice and Support Service (CASS)

Cass has opened an office on the George Downey Estate. We are a charity based organisation which offers outreach support to those who may be disadvantaged and vulnerable, including the elderly, disabled, economically disadvantaged.

We have a care team of volunteers (CRB checked), who are willing to go into peoples' homes and help them complete a wide variety of day-to-day tasks. We offer DIY, gardening, cleaning, escorting and befriending and other services.

WHAT CASS DOES:

- Caring
- Befriending partners
- Handy men / DIY
- Painting & Decorating
- Gardening
- Escorting - Hospital, shopping, leisure venues, day to day activities
- And work training support for job search / placement

Please feel free to visit our website www.cassadvice.org.uk.

If you have any questions or enquiries, contact 078 996 778 93.

Contact us

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