

# Newsletter - June 2009 - Issue 8

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Welcome to Disability Backup's Newsletter

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## What's on in June?

**Friday 5th June** 1.30pm-4pm

Deafplus Hackney first Public Meeting

**Monday 8th June** 12pm

Park Consultation at Disability Backup

**Friday 12th June** 10-1pm

Forum Meeting - Parking

Speaker - Seamus Adams, Head of Parking

**Friday 26th June** 11.30-1pm

Healthy and Social Living Consultation Day  
See below for more information.

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## **Disability Forum Meeting - Parking**

**Friday 12th June 10-1pm**

**At**

**City Edge, 125 Mare Street E8 3RG**

Our speaker will be Seamus Adams - Head of Parking

This Forum Meeting will be an opportunity to discuss Parking Bays, Companion Badges and Parking Policy.

Come and have your say about Parking in Hackney!

This meeting will also discuss:

- New Service First Centre,
- Health and Social Lives Event
- An update from Hackney Museum

Contact Catherine for transport and other access needs

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## **Feedback from April's Forum Meeting**

April's Forum Meeting was held at Hackney Museum.

We enjoyed given nibbles and drinks and were taken on a tour around the Museum.

We found that the staff were very friendly and accommodating but the museum itself is not very accessible.

The main barriers were for those with sensory impairments who found few sensory exhibits. Also signage and seating were an issue.

As a result of our visit the museum would like to develop a sensory/disability themed exhibition with the forum's help! More information to come in July!

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## **Upcoming Events**

### **Are you Deaf or hard of hearing and living in Hackney & City of London?**

What we can do for you?

- Drop in Surgery.
- Healthy living sessions i.e. healthy eating, stop smoking etc.
- Health screening promotional activities.
- Employment related training courses i.e. English, IT, job preparation.
- And many more ...

Is there anything you want? Tell us ...

Want to find out more? Yes? PLEASE COME to our first public meeting.

When? Friday 5th June 2009

What time? 1.30 - 4pm

Where? Robin Redmond Resource Centre, 440 Seven Sisters Road, London, N4 2RD

If you need more information please contact: Hackney Development Officer, deafPLUS, Trinity Centre, Key Close, Whitechapel, London, E1 4HG

Tel: 020 7790 8478 email: [hackney@deafplus.org](mailto:hackney@deafplus.org)

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## **Healthy and Social Lives Consultation Day**

Hackney Residents with physical disabilities, Sensory impairments or long-term conditions aged 18-64 years old are invited to our

### **Healthy and Social Lives Consultation Day**

- Learn more about local services for disabled people.
- Find out about services that you never knew existed!
- Meet the workers
- Work with us to improve the services that matter to you.

Friday 26th June, 10am-4.30pm

The Human Rights Action Centre, 17-25 New Inn Yard, Shoreditch, EC2A 3EA

Call Sebastian on 0207 275 0088 0207 275 0088 ext 210 for more information.

Booking forms will be sent to all Disability Backup members.

We are dedicated to holding an accessible day for all.

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## **Parks Consultation**

Shoreditch Trust is holding a consultation morning on behalf of the NHS City and Hackney and the Hackney Parks department.

The session will explore the relationship people's health and well-being and usage of parks and open spaces. In particular we are interested in understanding the factors that influence frequency and nature of park use and the barriers that may prevent more regular park usage giving special considerations to those issues that may be more pertinent for the disabled community.

**Where? Disability Backup meeting room**

**When? Monday 8th June 12pm**

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## **Time to Get Equal Week**

Time to Get Equal Week is disability charity Scope's annual awareness-raising week.

TTGE 2009 - which runs from June 8-14 - will bring together disabled and non-disabled people to celebrate disabled people's contribution to society and also to challenge the discrimination which many disabled people face on a daily basis.

TTGE Week aims to bring people together to support Scope's vision of equality for disabled people - that is a future in which disabled people have the same opportunities and lifestyle choices as everyone else.

During the week disabled people, their organisations and supporters will be running local campaigns, events and activities to raise awareness. There will also be a number of events and activities in Scope's shops and services across England and Wales to mark TTGE Week.

The overall aims of all of TTGE Week's activities are to enable disabled people to make their voices heard about the issues that matter to them and to engage many more people - both disabled and non-disabled - to work together to achieve disabled people's equality.

As part of Time to Get Equal Week Scope is encouraging as many people as possible to sign up to its equality pledge which encourages people to raise awareness about the importance of access for disabled people and to speak up if they see a disabled person being treated unfairly. For example this could mean if someone was in a restaurant that was not accessible for wheelchair users they could mention this to the manager.

Scope's equality pledge is available online at [www.timetogetequal.org.uk](http://www.timetogetequal.org.uk) or alternatively hard copies are available in Scope shops. To find your nearest Scope shop go to [www.scope.org.uk](http://www.scope.org.uk)

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## And lastly....



A big thank you for everyone's kind wishes for my wedding.

We had a fantastic time and really enjoyed ourselves on Honeymoon!

I will bring some photos to the next Forum, for those interested!



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Polite reminder for Professionals: Please note that the Forum Meetings and Focus groups are for disabled people to air their views. Those representing organisations are asked not to attend the Forum unless disabled themselves or having been invited first. Please contact Catherine to give your views on any topic raised.

All outcomes of the Forums will be made available on the website and newsletter!  
Many thanks!

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## Contact us

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